

## 2018 Hall of Fame Inductee



### 2006 Girls' State Championship 4 X 800 Relay Track Team

L to R: Claire Smith, Liz Kearins, Shannon Stirdivant, Anna Aagenes

The 2006 Spring Track & Field season began with high expectations and seasoned athletes, and the addition of a freshman who stepped right into the role of relay member. The two-mile relay team opened their season by running one of the fastest times by an American team in trials of the 4 x 800 at the Penn Relays. It was a performance they turned around the following day, qualifying for a spot in the Championship of America race in front of thousands of spectators and fans.

The highlight to their season and high school careers came in the finals at the PIAA State Championship meet. A dropped baton at the first exchange between the leadoff and second runner threatened to disrupt the possibility of success beyond measure. But against all likelihood, the freshman athlete who was now placed in a high-pressure situation managed to not only survive her leg, but she thrived and returned her team to first position. The third and fourth leg raced stride-for-stride against Conestoga High School. The spectators in Seth Grove Stadium rose to their feet as they cheered the two teams. The CB West foursome pulled away to take first place in a National Federation Honor Roll performance.

### **Notable season performances:**

- Penn Relays Championship of America qualifiers.
- 3rd Place, Bux-Mont League Championships.
- District One Championships.
- PIAA State Champions, School record performance of 9:04.05.
- NFHS Honor Roll Performance.

The accomplishments of this 4 x 800 Relay Team of Liz Kearins, Shannon Stirdivant, Claire Smith and Anna Agenes cannot be understated. They are storied names and performances at CB West--talked about and admired by all current and future Track & Field athletes.

**2006 RELAY TEAM: Liz Kearins** lettered in Cross Country, Winter Track, and Spring Track at West for half of her Junior year and her Senior year. At Penn State University she ran Cross Country, Winter and Spring Track. After high school Liz went on to run Cross Country, Winter Track, and Spring track at Penn State University each of her four years. She was part of three Big Ten Team Championships. She graduated with two BS Degrees from Penn State University in Human Development & Family studies and Nursing. Liz currently is a Registered Nurse in the Cardiac and Stroke Unit at Chestnut Hill Hospital

**2006 RELAY TEAM: Shannon Stirdivant** currently lives in Raleigh, North Carolina and is attending Nursing School.