

**2015
Hall of Fame Inductee**



**Debra O'Neil Wolf
Central Bucks West -- 1999**

At Central Bucks West Debra O'Neil devoted her competition to the sport of Girls Swimming. The results brought recognition of her talents that began in her Freshman year earning 4 Varsity letters and leadership qualities that continued beyond her graduation.

Freshman

- 200 Freestyle -- Suburban 1 All League Honorable Mention
- 500 Freestyle -- Suburban 1 All League Second Team
- 200 Individual Medley -- Suburban 1 All League Honorable Mention
- 400 Freestyle Relay -- Member, Suburban 1 All League Second Team
- 200 Medley Relay -- Member, Suburban 1 All League Second Team
- CB West Rookie MVP

Sophomore

- 100 Breaststroke -- Suburban 1 All League First Team
- 500 Freestyle -- Suburban 1 All League First Team
- 400 Freestyle Relay -- Member, Suburban 1 All League Honorable Mention
- 200 Medley Relay -- Member, Suburban 1 All League Second Team
- CB West MVP

Junior

Debra's feats in the pool continued as she honored by the National Inter-scholastic Swimming Coaches Association of America, Inc.(NISCA) with the Top 16 State Award for the 200 Individual Medley; and the Top 16 State Award for the 100 Breaststroke. In 1998 she received the USA Swimming Top 16 National Age Group Award as a member of the 400 M Medley Relay.

- 200 Individual Medley – Suburban 1 All League First Team
- 100 Breaststroke – Suburban 1 All League First Team
- 200 Medley Relay – Member, Suburban 1 All League Second Team
- 400 Freestyle Relay – Member, Suburban 1 All League Second
- Swimmer of the Year, Intelligencer
- All Area Swimming, Montgomery Newspaper
- Outstanding Performance of the Week, North Penn Life/Central Bucks Life
- CB West MVP

Debra's accomplishments in the All District 1 Meet include:

- 200 Individual Medley – All District 1 Swimming Team
- 100 Breaststroke – All District 1 Swimming Team
- District 1 Most Valuable Swimmer Award

Her PA State and National Awards:

- 100 Breaststroke, All State
- 200 Individual Medley, All State
- 100 Breaststroke, All America First Team

Senior

In her Senior year she repeated the NISCA the Top 16 State Award for the 200 Individual Medley; and the Top 16 State Award for the 100 Breaststroke. Her additional achievements include:

- 100 Breaststroke – Suburban 1 All League First Team
- 200 Individual Medley – Suburban 1 All League First Team
- 200 Free Relay – Member, Suburban 1 All League Second Team
- 200 Medley Relay – Member, Suburban 1 All League First Team
- 400 Free Relay – Member, Suburban 1 All League First Team
- 500 Freestyle Suburban 1 Champion
- 100 Breaststroke Suburban 1 Champion
- CB West MVP

Debra's accomplishments in the All District 1 Meet include:

- 200 Individual Medley – Champion and All District 1 Team
- 100 Breaststroke – Champion and All District 1 Team
- 400 Freestyle Relay, Member

Her PA State and National Awards:

- All State for the 100 Breaststroke; and the 200 Individual Medley
- All America for First Team 100 Breaststroke; and All America Honorable Mention for the 200 Individual Medley

The Records held by Debra include:

- 100 Breaststroke 100 Butterfly
- 200 Individual Medley Member, 200 Medley Relay Team
- 200 Free Relay Team Member, 400 Free Relay Team

Debra received a full athletic scholarship to Michigan State University in East Lansing where she earned 4 Varsity Letters. She is a Member of MSU's Record Holder Team in the 400 Medley Relay. She earned the Spartan Academic Excellence Award and was actively involved in the "I've Got Heart" community outreach program. Debra received her BA from Michigan State University and is employed at Drexel University in Enrollment Services. She is currently pursuing her MS in Sport Management at Drexel. Sports remain and will always be a major part of her life. Debra resides in Philadelphia with her husband Frank and they love to travel and attend sporting events together.

When learning of her induction into the Hall of Fame, Debra wrote, "I felt both honored and truly excited. I am thankful to have been coached by Vibeke Swanson who always challenged and motivated me. Knowing that my past hard work continues to be remembered is a reflection of CB West's dedication in honoring past athletes".