

**2018  
Hall of Fame Inductee**



**Tom Conboy -- Coach  
1983 to 2012**

In 1983 Tom Conboy began his coaching career for Track and Cross Country at Central Bucks West's Boys and Girls programs. At the end of the first season, he was appointed Head Coach for the Boys' program by Dr. Dave Spahr, Principal, and Athletic Director Ken Huber. His coaching career would span over 35 years. Having grown up with a father and grandfather who were both high school Track coaches, Tom's coaching tenure of 99 seasons (29 for Cross Country; 35 each for Winter and Spring Track - thus far) at CB West should be no surprise. Even after his retirement from teaching, he continues to work as an Assistant Coach for the Boys' Track Team.

**Cross Country.**

Four League Championship titles for Cross Country—1986, '87, '88 and 2002. District One Level Teams finished among top 20 on 12 different occasions; top 10 on 4 different occasions. 19 athletes qualified and competed at State Championship Meets; 4 finishing among the top 20 becoming State Medalists. The Cross Country squad compiled a 147 – 128 dual meet record.

## **Winter and Spring Track**

Tom has been coaching the Boys' Winter and Spring Track Teams for the past 35 years. From 1984 thru 2011, Tom was the Head Coach of the Spring Track Team, and alternated between being Head and Assistant Coach during the Winter season. Since giving up the Spring Head Coach position in 2012, Tom has continued as an Assistant Coach for the Winter and Spring programs. In 2011 as Head Coach, CB West earned the District One Team Championship title, the only Boys' Track title in the history of the school. During his 28 seasons as Head Coach, his athletes were crowned 54 times as League Champions within their events.

CB West athletes qualified for Districts in their event 162 times. Of those District qualifiers, 33 finished within the top 5 in all of District One, 25 within the top 3, and 11 were crowned as District One Champions.

In their 33 appearances at State Championship Meets, 22 CB West athletes finished within the top 8 as State Medalists. During those years two CB West athletes were crowned State Champions:

- Tim McAteer (2006 HOF Inductee) in the 1600 at the 1998 Meet.
- The 4x800 Relay Team of Nico Metzler, Matt McGarvey, Matt Bee, and Conor Manley in 2011.

In 1989, renovations to War Memorial Field included converting the track from cinder to an all-weather surface. In 1990 Tom instituted the CB West Relays, an annual invitational for high school teams to compete in Track and Field events. Every April between 30 and 45 high school teams (approximately 1000 athletes) compete for medals at West as a tune-up for the following week's annual Penn Relays in Philadelphia, the oldest high school meet in the Philadelphia area.

Tom spent 35 years teaching Art in Central Bucks, 28 of those years at CB West. While teaching and coaching, for eleven years he was also the District's Art Curriculum Coordinator. He retired from teaching in 2012 but can usually be found at War Memorial coaching or officiating at West's home meet. Somehow, he also finds time to work on his artwork; currently focused on a series of watercolors featuring Irish landscapes.

Upon notice of the Hall of Fame recognition, Tom wrote it would not have been possible without the support of his family - his children, Patrick and Briana, and especially his wife Patty, whose love continues to encourage his dedication to the programs of Track and Cross Country. Tom also wishes to acknowledge the rest of his Team--the coaches who worked with him throughout the years: Tom Chapin, Debbie Townsend, Donna Carty, Carol Heppe, Liz Reph, Gary Bitner, Mark Schaeffer, Art Davies, Mike Minnucci, Adam Skelding, Melinda Siefert, Lou Casale, Karl Dieterichs, Todd Wiley, Marty Stern, John Miller, Bill Licopoli, Jim Cogan, Warren Robertson, Patrick Conboy, Nick Bendas, Paul Wilson, Greg Wetzel, John Mahoney, Scott Sherwood, Matt Bee, Erik Metz, Kiki Bell, Erv Hall, and Kevin Munnelly.

.....***It takes a village***.....