

**2024
Hall of Fame Inductee**



Heidi Craig-Rimmer 1984

Central Bucks West

Heidi Craig-Rimmer began playing Field Hockey and Lacrosse in ninth grade at Unami Junior High. From 1981 through 1984, her position of Attack in Field Hockey and Defender on the Lacrosse team led to receiving the H. Ralph Michener Coaches Award in 1984, the greatest achievement in athletics and the highest degree in sportsmanship, integrity, and leadership. These attributes, in addition to the emphasis on hard work, perseverance and the importance of camaraderie, were always encouraged by her coaches and mentors throughout high school and college and were a significant contributor to the successes in her life on and off the field.

Field Hockey

1981 - 1983 varsity starter and letter recipient
1982 - CB West Most Improved Award
1981-82 - Member of the PA State Championship Team
1982 - All Bux-Mont Honorable Mention
1983 - All Bux-Mont First Team
1983 - CB West MVP Award
1983 - Team Captain

Lacrosse

1982 – 1984 - Varsity starter and letter recipient
1983 - Member of Bux-Mont Championship Team
1983 - All Bux-Mont Honorable Mention
1984 - Team Captain
1984 - All Bux-Mont First Team
1984 - Delaware County Hero Bowl All Star Game participant
1984 - PASLA Lacrosse All Star Game participant

After graduation in 1984, Heidi continued playing Field Hockey and Lacrosse during her four years at Old Dominion University in Norfolk, Virginia. She graduated in 1988 with a Bachelor of Science degree in physical education, with a sports medicine emphasis, and later attended graduate school at Temple University receiving her Master's Degree in Physical Therapy in 1994.

Heidi married her high school sweetheart and soccer star, Tim, in 1988 and currently reside in Perkasio PA. Heidi worked in various settings as a Physical Therapist while raising her family and recently retired from Phoenix Rehab after 15 years as an Outpatient Physical Therapist. Heidi and Tim have five children - Nolan, Jordan, Devan, Logan, and Peyton, with their first grandson on the way. Heidi enjoyed every second of playing field hockey and lacrosse, but her greatest love was watching her kids play their sports. She looks forward to watching the next generation of her family venture into the wonderful world of athletic competition.