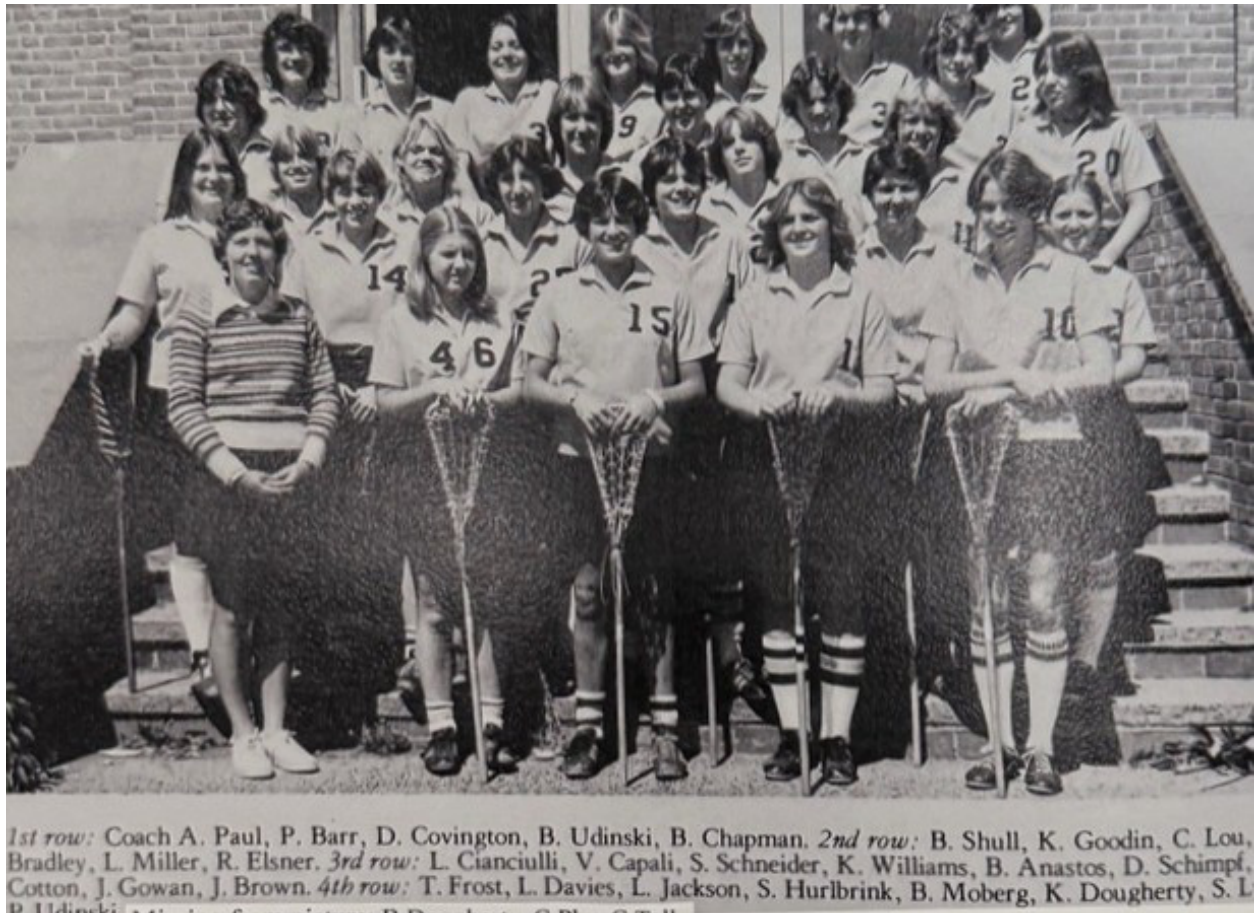


**2026
Hall of Fame Inductee**



(Missing from picture: B. Dougherty, C. Phy, C. Toll)

**Central Bucks West
1977 Girls Lacrosse Team
Bux-Mont League, District One, State Champions**

During the 1976 season, competing for the District One Title, CBW lost a heartbreaker in the final seconds to Upper Dublin. At that time District One was the highest level, and the champion team was also considered the Pennsylvania State Champions. Girls lacrosse was primarily a Mid-Atlantic States girls high school Varsity sport during the 1970s. CBW, coached by Ann Paul, was a leader in the region. That 1976 championship loss was tough but also served as an incentive. In 1977, the CB West Girls Lacrosse Team would not be denied, winning the Championship!

Their 7-0-1 record during regular season play captured the Bux-Mont League Title. The District One Title game, against Penncrest, became a close championship battle to the very end. CBW would not be denied this year! With just 20 seconds remaining, Debbie Covington scored her 5th goal of the game and sealed an 8-7 victory leading them to the 1977 District One State Championship and recognized as Pennsylvania State Champs.

Debbie Covington scored an astonishing 73 goals during the season. Coach Paul credits Co-Captains Bonnie Udinski and Deb Covington, and the seniors for their dedication and creating a winning team atmosphere. When interviewed after the championship victory, Coach Paul stated *“West is the strongest team in the league because we have a good defensive unit and a lot of scoring ability.” “It’s a team effort!”*

Bux-Mont League Honors

1st Team

Deb Covington
Diane Bradley
Jen Gowan

2nd Team

Barb Shull

Honorable Mention

Kelly Goodin
Lorie Miller
Pam Barr
Bonnie Udinski

Team MVP: Debbie Covington

Most Improved Player: Beth “Flash” Chapman

**2026
Hall of Fame Inductee**



Standing: S. Hiltbold, C. Domanico, L. Miller, R. Ellville, A. Reber, B. Hubner, K. Dougherty, J. Brown, M. Udinski, D. Fredrikson, M. Figge, I. Schoenkopf, S. Gery, C. Kershner, Coach Ann Paul. *Kneeling:* C. Riley, C. Phy, T. Frost, L. Jackson, K. Goodin, D. Frearson, B. Shull, P. Udinski, R. Landy, L. McGrath, L. Miller.

Missing From Picture: D Bradley, V Capaldi, L Cianculli, B Dougherty, R Elsner, J Gowan, L Miller, D Shimpf

**Central Bucks West
1978 Girls Lacrosse Teams
Bux-Mont, District One, State Champions**

The 1978 Championship Team lost four seniors to graduation (1977 Champions- Barr, Covington, Chapman, and Udinski). Those four, led by Coach Ann Paul, helped create the continued “team effort” atmosphere. The 1978 team was poised and ready for a repeat championship, led by Co-Captains Diane Bradley and Jen Gowan. Their hard work and collaboration resulted in a 15-0 season bringing the back-to-back championships.

Following the undefeated regular season, the Bucks were victorious over Upper Dublin and Ridley in District One playoffs, leading to the District One title game against Upper Merion. The Bucks continued their undefeated run, winning 10-7 the second consecutive District One Championship and recognized as Pennsylvania State Champs.

Sophomore Linda Miller scored 4 goals in the victory. Coach Ann Paul also credited Jen Gowan for her excellent game. Gowan, a top scorer herself in the Bux-Mont League, was closely marked by Upper Merion. Coach Paul stated, *"She (Gowan) was able to get the ball to Linda, she did a great job!"*

All the goals by Linda Miller were needed to secure the victory. Again, it was team play and total team effort that earned the consecutive championships. The 1978 Bucks averaged 11 goals per game, led by Gowan with 37, and Kelly Goodin with 40. The tight defense, led by goalkeeper Lorie Miller, averaged a low 3 goals per game.

Bucks–Mont League Honors

1st Team

Kelly Goodin
Diane Bradley
Jen Gowan

2nd Team

Lorie Miller

Honorable Mention

Kari Williams
Barb Shull
Vickie Capaldi

In true team fashion, when reaching out to players for information, no one seemed to remember the stats or numbers. Instead, they recalled the great times together; the sleepovers, and eating red licorice supplied by several moms after the games. And everyone remembers Diane Bradley's mom, Kitty, rubbing St. Jude oil on the sticks for Good Luck.